

Job Description

Position Title: Mental Health Support Worker

Position Summary:

The Mental Health Support Worker (MHSW) facilitates day to day intra and inter personal life skills development using the principles of psychosocial rehabilitation and assists clients in their recovery process as they move toward independent living within a residential set-up. The MHSW ensures a safe, comfortable, and planned environment to promote quality of life for residents.

Reporting Relationships:

The MHSW reports to the Home Administrator and takes clinical direction from the Mental Health Recovery Officer.

Responsibilities and Duties:

- Promoting an environment that encourages the service user to feel secured and comfortable.
- Observing and monitoring the service user's general well-being.
- Assists residents to fulfill their goals as outlined in the rehabilitation plan.
- Maintaining the service user's personal care and general wellbeing.
- Teaching life skills, such as shopping, using public transport and paying for bills.
- Encouraging and supporting the service users in development of personal skills through hobbies and interests.
- Communicating and supporting the service user's relatives and carers.
- Supporting service users to access community facilities and be involved in community groups.

Other Duties:

- Performs housekeeping duties as required collaboratively with residents wherever possible, including: cleaning, laundry, grocery shopping, menu planning and meal preparation, and basic maintenance chores (s.a changing light bulbs).
- Participate in regular supervision and appraisal and undertake any relevant training appropriate to the role.
- The MHSW performs other duties as required for the smooth operation and safety of 'Il-Kantuniera'.
- The MHSW shall be working on a shift basis, including nights and weekends.

Skills and Abilities:

- A passion in helping vulnerable persons with mental health issues
- The ability to show initiative towards working in a challenging environment.
- The ability to communicate clearly and sensitively when talking to service users and their families.
- Good listening skills.
- Great problem-solving skills and the ability to adapt and act accordingly to situations.
- Good time management skills to be able to support the needs of vulnerable persons.
- The ability to work both alone and as part of a team.
- A high level of patience and emotional resilience.
- The ability to develop and maintain positive relationships with service users and their families.
- The ability to communicate with other healthcare professionals.
- Great verbal and written communication skills.
- A non-judgemental attitude regardless of a service user's needs.
- The ability to remain calm under pressure and when dealing with challenging situations.

Qualifications and Requirements

- MCAST Diploma in Health and Social Care or MCAST Diploma in Applied Science
- Experience in working with service-users with mental health issues and a possession of First Aid and/or Mental Health First Aid Courses is considered an asset.

- Valid Driving License

Interested persons are to send their expression of interest through a motivational letter, CV, a police conduct certificate and a reference letter on info@maltatrustfoundation.org by Monday 8th November at noon.

Part-timers may also be considered